



CODE OF CONDUCT

Our ideals

- 1 - The fun and shared enjoyment of art and play.
- 2 - The fun of friendly competition.
- 3 - Mastering physical and mental challenges together; we strive for mastery in athletic competition as well as mastery of historical techniques in free play.
- 4 - Preserve the historical martial arts as a tangible and intangible cultural heritage.
- 5 - Promote diversity in the fencing scene. Whether styles, people or ideas.
- 6 - Maintain polite and respectful behaviour at all times.
- 7 - Create and maintain a safe environment for the best training success. 'Fear is a bad training partner'.
- 8 - Overcoming individual training obstacles together and increasing performance limits.

We work together to increase the ideals and if they are not given enough attention, everyone will work towards them immediately. You can give us feedback at any time.

Rules: What we avoid

- 1 - Inappropriate force and speed in partner exercises and combat.
- 2 - Disparaging remarks about training partners and instructors.
- 3 - Inappropriate criticism and discussions that disrupt the flow of training.
- 4 - Lack of attention to our training partners.
- 5 - Lack of assistance inhibits the training partner's training success
- 6 - Lack of calm and care when implementing techniques and handling weapons and training weapons.
- 7 - Harmful exercises that do not correspond to our mental and physical condition.
- 8 - Lack of safety measures during free exercises and battles. These are (1) control (reduced power and speed, suggesting hits, technique selection, ...); (2) protective equipment (training weapons, padded weapons, protectors); (3) rules and regulations (these rules, tournament rules, safety concepts, ...). The following applies: Equipment does not replace control! But it does allow a greater degree of freedom.

We work together to ensure that the rules are adhered to and if they are not observed enough, everyone will immediately stand up for them. You can give us feedback at any time.

The (K)nights of Blades & Barrels are politically and confessionally neutral. The (K)nights of Blades & Barrels work together with its participants against racism, xenophobia and political extremism.

Status 23 Jan. 2025

